

23rd Annual RUNNING THE HILL *5K Run/Walk*

SPONSORED BY H'COLA



MEDALS WILL BE ISSUED TO
THE TOP THREE FINISHERS IN
THE FOLLOWING CATEGORIES

- ELEMENTARY SCHOOL
- MIDDLE SCHOOL
- HIGH SCHOOL
- ADULTS (UP TO 65)
- SENIORS 65+

CHECK-IN STARTS AT 6:30AM
ON EVENT DAY

SATURDAY | FEBRUARY 21, 2026 | 7:00AM

REGISTRATION: \$ 25/ PERSON BEFORE JANUARY 31ST (TO GUARANTEE A RACE T-SHIRT)
REGISTRATION \$30/ PERSON AFTER JANUARY 31ST

FOR MORE INFORMATION: WWW.HCOLA.ORG

USATF CERTIFICATION APPLIED FOR

RUNNING THE HILL



Registration Form

First name: _____

Last name: _____

Age on race day _____ Gender _____

Email _____

Phone _____

Street address _____

City _____ State _____ Zip _____

Choose a race to enter.

☐ 5K Run

☐ 5K Walk

☐ Kids Run/Walk

T-Shirt size

_____XS _____S _____M _____L _____XL _____XXL

Waiver

☐ By checking this box, I agree to indemnify and hold harmless HCOLA from and against any and all claims, damages, losses, liability, cost and expenses arising out of or related to this 5K Event as permitted by the fullest extent of the law.

Signature: (parent/guardian if under 18):
